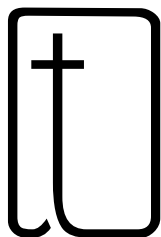


Music for the Daily Office and Holy Eucharist

The Brotherhood of Saint Gregory

Including complete settings
for Noonday and Compline

Third Edition, 2003
Revised and Enlarged



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Music from Mountain Vespers
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Community customs: When the Office is said in common

For community use (at Convocation or other gatherings), the following customs are followed, so that few announcements are needed.

At all Offices

- The Officiant is the senior member of the community present, or someone appointed to officiate by the senior member present.
- The Officiant is responsible for appointing readers.
- Rite II forms, and the contemporary language version of the Lord's Prayer are used.
- At the conclusion of all Offices, all present observe a period of two to three minutes of silence. The Officiant indicates the end of this silent period by standing, or rapping on the edge of his seat.

At Morning and Evening Prayer

- The Confession is omitted at the major offices, since it is an invariable part of Compline. If the community will not be gathered for Compline, the Confession may be used at another office.
- The Psalter for Morning and Evening Prayer is taken from the 30-day cycle. In months having 31 days, the Psalter of the 30th day is repeated.
- Two Lessons are used at Morning Prayer. After each, the Canticle suggested on page 144 of the BCP is said (or sung). One Lesson (normally the Gospel) is used at Evening Prayer, and the Canticle is always *Magnificat*. On Holy Days (p. 996 ff.) two Lessons are provided for Evening Prayer, and *Nunc dimittis* is used as the Canticle after the second Lesson. In addition, some major feasts have special Readings provided for Evening Prayer on the Eve of the feast; in this case the three Lessons appointed for the preceding day are read at Morning Prayer, the Gospel Lesson following the second Canticle; the two Lessons appointed for the Eve are read at Evening Prayer, with *Nunc dimittis* after the second reading.
- Free intercessions are reserved to Noonday and Compline.

At Morning Prayer

- The Apostles' Creed is always said at Morning Prayer, unless the Eucharist with its own creed is to follow immediately, that is, as part of the same liturgy.
- It is appropriate to ask the Bishop Visitor, when present, to conclude Morning Prayer with a blessing.
- Necessary announcements for the day are made after the silence at Morning Prayer.

At Evening Prayer

- The Community Collect is said following the hymn or prayer for mission.
- The Officiant uses the closing sentence "The grace of our Lord..." at the end of the Office and the gathered community responds, "And with our absent brothers."

At Morning and Evening Prayer

The following tone may be used for the Invitatory Psalm at Morning Prayer (*Jubilate* or *Venite*), for *Christ our Passover*, and for *Canticles*.

Canticle Tone I

tsh

A - men.

The following hymns may be substituted for the equivalent canticles:

9	First Song of Isaiah	679
12	Song of Creation	428
18	Song to the Lamb	374
19	Song of the Redeemed	533
20	Glory to God	s277, s280, or 421
21	You are God	366

At Evening Prayer the following settings may be used

O Gracious Light	s59-61, 25, 26, 36, or 37, or the setting from Mountain Vespers on page 32
Song of Mary	s242-247, 437 or 438, or the Traditional, Mountain Vespers or Simplified Chant settings on pages 33-35
Song of Simeon	s 254-260, 499 or the Mountain Vespers setting on page 29

Simplified Anglican Chants

Psalm Tone I

tsh

A - men.

Psalm Tone IIa

Musical notation for Psalm Tone IIa, consisting of a treble and bass staff. The treble staff features a melodic line with a sharp sign on the second line and a fermata over the final note. The bass staff provides a harmonic accompaniment with chords and single notes. The piece concludes with the dynamic marking *tsb*.

A - men.

Psalm Tone III

Musical notation for Psalm Tone III, consisting of a treble and bass staff. The treble staff has a melodic line with a sharp sign on the second line and a fermata over the final note. The bass staff provides a harmonic accompaniment. The piece concludes with the dynamic marking *tsb*.

A - men.

Psalm Tone V

Musical notation for Psalm Tone V, consisting of a treble and bass staff. The treble staff has a melodic line with a flat sign on the second line and a fermata over the final note. The bass staff provides a harmonic accompaniment. The piece concludes with the dynamic marking *tsb*.

A - men.

Psalm Tone VI

Musical notation for Psalm Tone VI, consisting of a treble and bass staff. The treble staff has a melodic line with a flat sign on the second line and a fermata over the final note. The bass staff provides a harmonic accompaniment. The piece concludes with the dynamic marking *tsb* ("Stabat Mater").

A - men.

Psalm Tone VII

Musical notation for Psalm Tone VII, consisting of a treble and bass staff. The treble staff has a melodic line with a flat sign on the second line and a fermata over the final note. The bass staff provides a harmonic accompaniment. The piece concludes with the dynamic marking *faf*.

A - men.

The Community Collect

Used at Evening Prayer following the Hymn or Prayer for Mission

Almighty and most merciful God, we have taken up the name of your faithful and holy servant, Saint Gregory the Great, whose life exemplified his motto, *Servant of the sêrvants of God*: Grant us the guidance of your Holy Spirit in our lives and works, that we may possess our patron's zeal and devotion to your holy Chûrch; that through our efforts your people may come to live in that spirit of devotion: *Soli Deo Gloria*—to God alone the glory; and this we ask in the name of Jesus Christ your Son our Lórd, who lives and reigns with you and the same Spirít, one God, now and for ever. *Amen.*

An Order of Service for Noonday

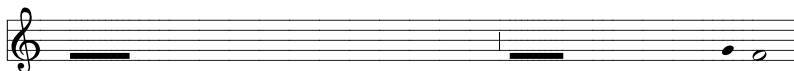
Officiant

People

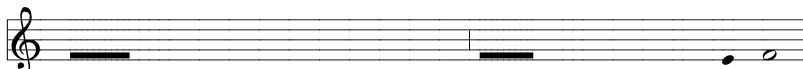


O God, make speed to save us.

O Lord, make haste to help us.



Glory to the Father, and to the Son, and to the Holy Spi-rit:



as it was in the beginning, is now, and will be for ever. A-men.

Except in Lent, add



Al - le - lu - ia.

A suitable hymn may be sung.

One or more of the following Psalms is sung or said.

Sunday

119 Aleph *Beati immaculati*

Tone 6



- 1 *Hap-py* are they whose way / is blámeless, *
who walk in / the lāw óf the LORD!
- 2 Happy are they who observe / his décrees *
and seek him / with äll théir hearts!
- 3 Who never / do ány wrong, *
but always / walk in híis ways.
- 4 You laid down your / commándments, *
that we should / fullý kéeep them.
- 5 Oh, that my ways were / made só direct *
that I might / keep yöur státutes!
- 6 Then I should not / be pút to shame, *
when I regard all / your cömmándments.
- 7 I will thank you with / an únfeigned heart, *
when I have learned your / rightëous júdgments.
- 8 I will keep / your státutes; *
do not utter- / ly försáke me.

119 Beth *In quo corrigit?*

Tone 6



- 9 *How shäll* a young / man cléanse his way? *
By / keepīng tó your words.
- 10 With my whole heart / I séek you; *
let me not stray from / your cömmándments.
- 11 I treasure your pro- / mise ín my heart, *
that I may not / sin ägáinst you.
- 12 Blessed / are yóu, O LORD; *
instruct me / in yöur státutes.
- 13 With my lips / will Í recite *
all the judg- / ments öf yóur mouth.
- 14 I have taken greater delight in the way / of yóur decrees *
than in all man- / ner öf ríches.
- 15 I will meditate on your / commándments *
and give atten- / tion tō yóur ways.
- 16 My delight is in / your státutes; *
I will not / forgét yóur word.



- 17 Deal bōun-tifully with / your sérvant, *
that I may / live änd kēep your word.
- 18 Open my eyes, / that Í may see *
the won- / ders öf yōur law.
- 19 I am a stran- / ger héré on earth; *
do not hide your com- / mandmēnts fróm me.
- 20 My soul is consumed / at äll times *
with longing / for yōur júdgments.
- 21 You have rebuked / the ínsolent; *
cursed are they who stray from / your cōmmándments!
- 22 Turn from me / shame änd rebuke, *
for I / have kēpt yōur decrees.
- 23 Even though rulers sit and plot / agáinst me, *
I will meditate / on yōur státutes.
- 24 For your decrees / are mý delight, *
and they / are mÿ cōunselors.

119 Daleth *Adhaesit pavimento*

- 25 My sōul cleaves / to thé dust; *
give me life accord- / ing tō yōur word.
- 26 I have confessed my ways, and / you ánsvered me; *
instruct me / in yōur státutes.
- 27 Make me understand the way of your / commándments, *
that I may meditate on / your märvéulous works.
- 28 My soul melts away / for sórraw; *
strengthen me accord- / ing tō yōur word.
- 29 Take from me the way / of lýing; *
let me find / grace thróugh yōur law.
- 30 I have chosen the way / of fáithfulness; *
I have set your judg- / ments bēfóre me.
- 31 I hold fast / to yōur decrees; *
O LORD, let me not / be püt tó shame.
- 32 I will run the way of your / commándments, *
for you have set my / heart ät líberty.
- Glory to the Father and to the Son and to the Ho- / ly Spírit *
as it was in the beginning, is now, and will be for- / evēr. Ámen.

Monday

119 He *Legem pone*

Tone 1.1



- 33 Teach *mě*, O LORD, the wáy of your státutes, *
and I shall / keep it tō the end.
- 34 Give me understanding, and Í shall kéeep your law; *
I shall keep / it with äll my heart.
- 35 Make me go in the path of yóur commándments, *
for / that is mÿ desire.
- 36 Incline my héart to yóur decrees *
and / not to ünjust gain.
- 37 Turn my eyes from watching wHát is wóρθless; *
give me / life in yóur ways.
- 38 Fulfill your promise tó your sérvant, *
which you make to / those who fēar you.
- 39 Turn away the repróach which Í dread, *
because your / judgments äre good.
- 40 Behold, I long for yóur commándments; *
in your righteous- / ness presérve my life.

119 Waw *Et veniat super me*

Tone 8.1



- 41 Let your loving-kindness come to mé, O LORD, *
and your salvation, according / to your prómise.
- 42 Then shall I have a word for those who táunt me, *
because I / trust in yóur words.
- 43 Do not take the word of truth out of mÿ mouth, *
for my hope is / in your júdgments.
- 44 I shall continue to kéeep your law; *
I shall keep it for ev- / er and éver.
- 45 I will walk at líberty, *
because I study / your commándments.
- 46 I will tell of your decrees before kíngs *
and / will not bé ashamed.
- 47 I delight in your commándments, *
which / I have álways loved.
- 48 I will lift up my hands to your commándments, *
and I will meditate / on your státutes.



- 49 *Remem-ber* your wórd to your sérvant, *
because you have / given mé höpe.
- 50 This is my comfort ín my tróuble, *
that your / promise gíves me life.
- 51 The proud have derided me crúelly, *
but I have not / turned from yóur lāw.
- 52 When I remember your júdgments óf old, *
O LORD, I / take great cómfört.
- 53 I am filled with a búrning rage, *
because of the wicked / who forsáke your lāw.
- 54 Your statutes have béen like sóngs to me *
wherever I have lived / as a stránger.
- 55 I remember your Náme in the níght, O LORD, *
and / dwell upón your lāw.
- 56 This is hów it has béen with me, *
because I have kept / your commándmēnts.
- Glory to the Father and to the Son and to the Hóly Spírit *
as it was in the beginning, is now, and will be for- / ever. Ámēn.

Tuesday

- 57 *You ön-ly* are my / portion, Ó LORD; *
I have pro- / mised to kēep yōur words.
- 58 I entreat / you with áll my heart, *
be merciful to me accord- / ing to yōur prōmise.
- 59 I have con- / sidered mý ways *
and turned my / feet t'ward yōur dēcrees.
- 60 I hasten and / do not tarry *
— / to keep yōur cōmmādmēnts.
- 61 Though the cords of the wick- / ed entangle me, *
I do / not forgēt yōur law.
- 62 At midnight I will / rise to gíve you thanks, *
because / of your righteóus júdgments.
- 63 I am a companion of / all who féar you; *
and of those / who keep yōur cōmmādmēnts.
- 64 The earth, O LORD, is / full of yóur love; *
instruct / me in yōur stātutes.



- 65 O LORD, you have dealt graciously with your sérvant, *
according / to yóur word.
- 66 Teach me discernment and knówledge, *
for I have believed in your / commándments.
- 67 Before I was afflicted I wént astray, *
but now / I kéepp your word.
- 68 You are good and you bríng forth good; *
instruct me in / your státutes.
- 69 The proud have smeared mé with lies, *
but I will keep your commándments with / my whóle heart.
- 70 Their heart is gróss and fat, *
but my delight / is ín your law.
- 71 It is good for me that I have been afflicted, *
that I might learn / your státutes.
- 72 The law of your mouth is dearer to mé *
than thousands in gold / and sílver.



- 73 Yóur hānds have máde me and fáshioned me; *
give me understanding, that I may léarn your commándments.
- 74 Those who fear you will be glád when they sée me, *
because I trúst in yóur word.
- 75 I know, O LORD, that your júdgments áre right *
and that in faithfulness yóu have afflicted me.
- 76 Let your loving-kindness bé my cómfort, *
as you have promised tó your sérvant.
- 77 Let your compassion come to mé, that Í may live, *
for your lāw is mý delight.
- 78 Let the arrogant be put to shame, for they wróng me with lies; *
but I will meditate on yóur commándments.
- 79 Let those who féar you túrn to me, *
and also those who knów your décrees.
- 80 Let my heart be sóund in your státutes, *
that I may nót be pút to shame.
- Glory to the Father and to the Son and to the Hóly Spírit *
as it was in the beginning, is now, and will be foréver. Ámen.

Wednesday

119 Kaph *Defecit in salutare*

Tone 7.3



- 81 *Mj söl* has longed for yóur salvátion; *
I have put my hópe in yóur word.
- 82 My eyes have failed from watching for your prómise, *
and I say, “Whén will you cómfort me?”
- 83 I have become like a leather flásk in thé smoke, *
but I have not forgóttén your státutes.
- 84 How much lónger múst I wait? *
when will you give judgment against those who pérsecúte me?
- 85 The próud have dug píts for me; *
they dó not kéept your law.
- 86 All your commándments áre true; *
help me, for they pérsecute mé with lies.
- 87 They had almost made an énd of mé on earth, *
but I have not forsaken yóur commándments.
- 88 In your loving-kíndness, revíve me, *
that I may keep the decreés of yóur mouth.

119 Lamedh *In aeternum, Domine*

Tone 4.4



- 89 O *LÖRD*, your word is / everlásting; *
it stands / firm in the héavens.
- 90 Your faithfulness remains from one generation / to anóther; *
you established / the earth, and ít abides.
- 91 By your decree these con- / tinue tó this day, *
for all / things are your sérvants.
- 92 If my delight had not / been in yóur law, *
I should have perished / in my afflíction.
- 93 I will never forget / your commándments, *
because / by them you gíve me life.
- 94 I am yours; oh, that / you would sáve me! *
for I stud- / y your commándments.
- 95 Though the wicked lie in wait for me / to destróy me, *
I will apply / my mind to yóur decrees.
- 96 I see that all things come / to an énd, *
but your com- / mandment has nó bounds.



- 97 *Oh, hōw* — / I lōve your law! *
all the day long it / is in mý mind.
- 98 Your commandment has made me wiser than / my énemies, *
and it is / alwáys wíth me.
- 99 I have more understanding than all / my téachers, *
for your decrees / are mÿ stúdy.
- 100 I am wiser than / the élders, *
because I observe / your cōmmándments.
- 101 I restrain my feet from ev- / ery évil way, *
that / I mǎy kēep your word.
- 102 I do not shrink from / your júdgments, *
because you your- / self hāve táught me.
- 103 How sweet are your words / to mý taste! *
they are sweeter than ho- / ney tō mý mouth.
- 104 Through your commandments I gain un- / derstánding; *
therefore I hate / everÿ líying way.
- Glory to the Father and to the Son and to the Ho- / ly Spírit *
as it was in the beginning, is now, and will be for- / evër. Ámen.

Thursday

- 105 *Your word* is a lantern tó my feet *
and a light / upón my path.
- 106 I have sworn and am detérmined *
to keep your right- / eous júdgments.
- 107 I am deeply tróubled; *
preserve my life, O Lord, accord- / ing tó your word.
- 108 Accept, O LORD, the willing tribute of my líps, *
and teach me / your júdgments.
- 109 My life is always in my hánd, *
yet I do not / forgét your law.
- 110 The wicked have set a tráp for me, *
but I have not strayed from your / commándments.
- 111 Your decrees are my inheritance for éver; *
truly, they are the joy / of mý heart.
- 112 I have applied my heart to fulfill your státutes *
for ever / and tó the end.



- 113 *I hate* those who have a divided heart, *
but your law / do I love.
- 114 You are my refuge and shield; *
my hope / is in your word.
- 115 Away from me, you wicked! *
I will keep the command- / ments of my God.
- 116 Sustain me according to your promise, that I may live, *
and let me not be disappoint- / ed in my hope.
- 117 Hold me up, and I shall be safe, *
and my delight shall be ever in / your statutes.
- 118 You spurn all who stray from your statutes; *
their deceitful- / ness is in vain.
- 119 In your sight all the wicked of the earth are but dróss; *
therefore I / love your decrees.
- 120 My flesh trembles with dréad of you; *
I am afraid of / your judgments.

119 Ayin *Feci iudicium*

- 121 *I have* done what / is just and right; *
do not deliver me to / my öpprössors.
- 122 Be surety for / your sérvant's good; *
let not the / proud öppröss me.
- 123 My eyes have failed from watching for your / salvátion *
and for your / righteöus prómise.
- 124 Deal with your servant according to your lov- / ing-kindness *
and teach / me your statutes.
- 125 I am your servant; grant me un- / derstánding, *
that I / may knöw your decrees.
- 126 It is time for you / to áct, O LORD, *
for they have / brokën your law.
- 127 Truly, I love your / commándments *
more than / gold änd précious stones.
- 128 I hold all your commandments to / be ríght for me; *
all paths of / falsehööd I abhor.
- Glory to the Father and to the Son and to the Ho- / ly Spírit *
as it was in the beginning, is now, and will be for- / evër. Ámen.

Friday

119 Pe

Mirabilia

Tone 1.1



- 129 *Your dē—* créés are wónderful; *
therefore I obey / them with ãll my heart.
130 When your word goes fórth it gíves light; *
it gives understanding / to the simple.
131 I ópen my móuth and pant; *
I long for / your commãdments.
132 Turn to mé in mércy, *
as you always do to / those who löve your Name.
133 Steady my fóotsteps ín your word; *
let no iniquity have do- / minion över me.
134 Rescue me from thóse who opprés me, *
and I will keep / your commãdments.
135 Let your countenance shine upón your sérvant *
and teach / me your ståtutes.
136 My éyes shed stréams of tears, *
because people / do not kēep your law.

119 Sadhe *Justus es, Domine*

Tone 5.1



- 137 *You are* righteous, O LÓRD, *
and upright áre your júdgments.
138 You have issued yóur decrees *
with justice and in pérfect fáithfulness.
139 My indignation has consúmed me, *
because my enemies fórgét yóur words.
140 Your word has been tested to the úttermost, *
and your sérvant hólds it dear.
141 I am small and of little accóunt, *
yet I do not forgét your commãdments.
142 Your justice is an everlasting jústice *
and your lãw is thé truth.
143 Trouble and distress have come upón me, *
yet your commãdments are mý delight.
144 The righteousness of your decrees is everlásting; *
grant me understãding, that Í may live.



- 145 *I cäll*— with my whole heart; *
 answer me, O LORD, that I may / keep your statutes.
- 146 I call to you; oh, that you would save me! *
 I will / keep your decrees.
- 147 Early in the morning I cry out to you, *
 for in / your word is my trust.
- 148 My eyes are open in the night watches, *
 that I may meditate up- / on your promise.
- 149 Hear my voice, O Lord, according to your loving-kindness; *
 according to your / judgments, give me life.
- 150 They draw near who in malice persecute me; *
 they are very / far from your law.
- 151 You, O LORD, are near at hand, *
 and all your com- / mandments are true.
- 152 Long have I known from your decrees *
 that you have established / them for ever.
- Glory to the Father and to the Son and to the Holy Spirit *
 as it was in the beginning, is now, and will be for- / ever. Amen.

Saturday

- 153 *Behöld* my affliction and deliver me, *
 for I do / not forget your law.
- 154 Plead my cause and redeem me; *
 according to your / promise, give me life.
- 155 Deliverance is far from the wicked, *
 for they do not study your statutes.
- 156 Great is your compassion, O LORD; *
 preserve my life, according to your judgments.
- 157 There are many who persecute and oppress me, *
 yet I have not / swerved from your decrees.
- 158 I look with loathing at the faithless, *
 for they / have not kept your word.
- 159 See how I love your commandments! *
 O LORD, in your mercy, preserve me.
- 160 The heart of your word is truth; *
 all your righteous judgments endure for evermore.



- 161 *Rulërs* have persecuted mé without ä cause, *
but my heart stands in awe / of yóur word.
- 162 I am as glad becäuse of your prömise *
as one who / finds gréat spoils.
- 163 As for lies, I háte and abhör them, *
but your law / is mý love.
- 164 Seven times a day dó I präise you, *
because of your right- / eous júdgments.
- 165 Great peace have théy who love yóur law; *
for them there is / no stúmbing block.
- 166 I have hoped for your salvátion, Ö LORD, *
and I have fulfilled your / commándments.
- 167 I have képt your dēcrees *
and I have loved / them déeply.
- 168 I have kept your commándments and dēcrees, *
for all my ways are / befóre you.

119 Taw *Appropinquet deprecatio*

- 169 *Let mý* cry come befóre you, Ö LORD; *
give me understanding, accord- / ing tó your word.
- 170 Let my supplication cóme befóre you; *
deliver me, according to / your prömise.
- 171 My lips shall póur forth yóur praise, *
when you teach me / your státutes.
- 172 My tongue shall síng of your prömise, *
for all your commandments / are ríghteous.
- 173 Let your hand be réady to hēlp me, *
for I have chosen your / commándments.
- 174 I long for your salvátion, Ö LORD, *
and your law / is mý delight.
- 175 Let me live, and Í will präise you, *
and let your judg- / ments hēlp me.
- 176 I have gone astray like a shéep that is lost; *
search for your servant, for I do not forget your / commándments.
- Glory to the Father and to the Son and to the Hóly Spírit *
as it was in the beginning, is now, and will be forev- / er. Ámen.

Additional Psalmody

For use at any time, in particular when portions of Psalm 119 are used at Morning or Evening Prayer (the 24th through the 26th of the month).

A 23 *Dominus regit me*

Tone 8.1



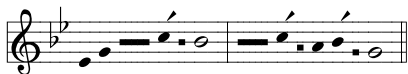
- 1 *The LORD* is my shépherd; *
I / shall not bé in want.
- 2 He makes me lie down in green pástures *
and leads me be- / side still wáters.
- 3 He revives my sóul *
and guides me along right pathways / for his Náme's sake.
- 4_a Though I walk through the valley of the shadow of déath, *
I shall / fear no évil;
- 4_b for you are with me; *
your rod and your / staff, they cómfort me.
- 5 You spread a table before me in the presence of those who tróuble me; *
you have anointed my head with oil,
and my cup is / running óver.
- 6 Surely your goodness and mercy shall follow me all the days of my life, *
and I will dwell in the house of the / LORD for éver.

67 *Deus misereatur*

Tone 8.1



- 1 *May God* be merciful to us and bléss us, *
show us the light of his counte- / nance and cóme to us.
 - 2 Let your ways be known upon éarth, *
your saving health a- / mong all nátions.
 - 3 Let the peoples praise you, Ó God; *
let all the / peoples práise you.
 - 4 Let the nations be glad and síng for joy, *
for you judge the peoples with equity
and guide all the na- / tions upón earth.
 - 5 Let the peoples praise you, Ó God; *
let all the / peoples práise you.
 - 6 The earth has brought forth her íncrease; *
may God, our own God, give / us his bléssing.
 - 7 May God give us his bléssing, *
and may all the ends of the earth / stand in áwe of him.
- Glory to the Father and to the Son and to the Holy Spírit *
as it was in the beginning, is now, and will be for- / ever. Ámen.



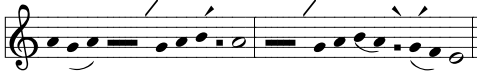
- 1 *I lift* up my eyes to the hills; *
from w^here is my h^elp to come?
- 2 My help comes from the L^ÓR^D, *
the m^aker of h^eav'n and earth.
- 3 He will not let your f^óot be moved *
and he who watches over you will not f^all asleep.
- 4 Behold, he who keeps watch over Ísrael *
shall neither sl^úmber n^ór sleep;
- 5 The LORD himself watches óver you; *
the LORD is your sh^áde at your r^íght hand,
- 6 So that the sun shall not strike y^óu by day, *
— n^ór the m^óon by night.
- 7 The LORD shall preserve you from all évil; *
it is hé who shall k^eep you safe.
- 8 The LORD shall watch over your going out and your c^óming in, *
from this time f^órth for évermore.

122 *Laetatus sum*

Tone 1.2



- 1 *I w^ás*— gl^ád when they s^aid to me, *
Let us go to the / house of th^e L^ÓR^D.
 - 2 Now our f^eet are st^anding *
within your gates, / O Jerúsalem.
 - 3 Jerusalem is búilt as a cíty *
that is at u- / nity with its^elf;
 - 4 To which the tribes go up, the trⁱb^es of th^e L^ÓR^D, *
the assembly of Israel, to praise the / Name of th^e L^ÓR^D.
 - 5 For there are the thr^ónes of júdgment, *
the thrones of the / house of D^avíd.
 - 6 Pray for the péace of Jerúsalem: *
“May they pros- / per who l^óve y^óu.
 - 7 —Péace be withín your walls *
and quietness with- / in your t^ów^ers.
 - 8 For my brethren ánd comp^anions sake, *
I pray for / your prosp^erit^y.
 - 9 Because of the hóuse of the L^ÓR^D our God, *
I will / seek to d^ó you g^óod.”
- Glory to the Father and to the Son and to the H^óly Spirit *
as it was in the beginning, is now, and will be for- / ever. Ám^en.



- 1 *If thē* LORD had not / been on óur side, *
let / Israēl nōw say;
- 2 If the LORD had not / been on óur side, *
when ene- / mies rose üp ägäinst us;
- 3 Then would they have swallowed us / up alive *
in their fierce / anger tōwärd us;
- 4 Then would the waters have / overwhélmed us *
and the / torrent göne òvër us;
- 5 Then would the / raging wáters *
have / gone right övër us.
- 6 Blessed / be the LÓRD! *
he has not given us over to / be a präy fòr theïr teeth.
- 7 We have escaped like a bird from the snare / of the fówler; *
the snare is bro- / ken, and wë hàve èscaped.
- 8 Our help is in the Name / of the LÓRD, *
the ma- / ker of hëavèn änd earth.

126 *In convertendo*

Tone 1.1



- 1 *When thē* LORD restored the fórtunes of Zíon, *
then were / we like thöse who dream.
- 2 Then was our mouth filled with láughter, *
and our / tongue with shöuts of joy.
- 3 Then they said amóng the nátions, *
The LORD has / done great thïngs for them.
- 4 The LORD has done gréat things fór us, *
and / we are gläd indeed.
- 5 Restore our fórtunes, Ó LORD, *
like the watercourses / of the Nēgev.
- 6 — Thöse who sówed with tears *
will / reap with söngs of joy.
- 7 Those who go out weeping, cárrýing the seed, *
will come again with joy, / shouldeřing their sheaves.
- Glory to the Father and to the Son and to the Hóly Spírit *
as it was in the beginning, is now, and will be for- / ever. Ämen.

One of the following, or some other suitable passage of Scripture, is read



Sunday

¹If anyone is in Christ he is a / new creation; ²the old has passed awáy, ³behold the new hâs come. ²All this is from Gód, ³who through Christ reconciled us to himself and gave us the ministry of reconciliation. *2 Corinthians 5:17-18*

Monday

²From the rising of the sun to its setting my Name shall be great among the nations, ¹and in every place incense shall be offered to my Name, and / a pure offering; ²for my Name shall be great among the nations, ³says the LORD ôf Hosts. *Malachi 1:11*

Tuesday

²The love of God has been poured into our héarts ³through the Holy Spirit that has been given to ûs. *Romans 5:5*

Wednesday

¹The sun shall no longer be your / light by day, ²nor for brightness shall the moon give light to you by níght; ¹but the LORD will be your ever- / lasting light, ³and your God will be your glorÿ. *Isaiah 60:19*

Thursday

¹This is the bread that came / down from heaven, ²not like that which your ancestors ate, and they díed; ³but the one who eats this bread will live forevêr. *John 6:58*

Friday

¹Heal me, O LORD, and I / shall be healed; ²save me, and I shall be sáved; ³for you are my práise. *Jeremiah 17:14*

Saturday

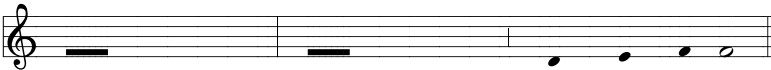
¹For thus said the Lord GOD, the Holy / One of Ísrael: ²In returning and rest you shall be sáved; ³in quietness and in trust shall be your strêngth. *Isaiah 30:15*

The People respond to the reading Thanks be to Gôd.

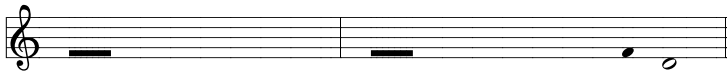
A meditation, silent or spoken, may follow. The Officiant then begins the Prayers

Officiant

People



Lord, have mercy. Christ, have mercy. Lord, have mercy.

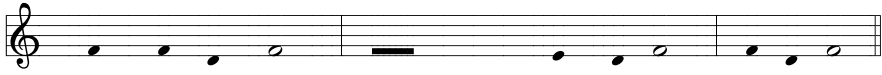


Our Father in heaven, ... and deliver us from e - vil.

Officiant

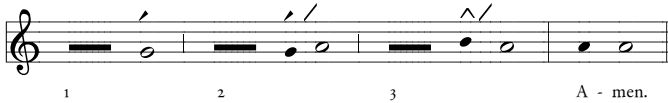
People

Officiant



Lord, hear our prayer; And let our cry come to you. Let us pray.

The Officiant then says one of the following Collects. The Collect of the Day may be used.



¹ Heavenly Fáther, ² send your Holy Spirit ínto our / hearts, ³ to direct and rule us accôrding to your / will, ² to comfort us in áll our af- / flictions, ³ to defend us frôm all / error, ² and to lead us ínto all / truth; ² through Jesus Christ our / Lord. *Amen.*

¹ Blessed Sáviour, ² at this hour you húng upon the / cross, ³ stretching out your lôving / arms; ² Grant that all the peoples of the earth may look to yóu and be / saved; ² for your tender mércies / sake. *Amen.*

¹ Almighty Sáviour, ² who at noonday called your servant Saint Paul to be an apóstle to the / Gentiles; ³ We pray you to illumine the world with the râdiance of your / glory, ² that all nations may come and wórship / you; ² for you live and reign for éver and / ever. *Amen.*

¹ Lord Jesus Christ, ² you said to your apostles, "Peace I gíve to / you; ³ my own peace I lêave with / you;" ² Regard not our sins, but the fáith of your / Church, ³ and give to us the peace and unity of that hêavenly / City, ² where with the Father and the Holy Spirit you líve and / reign, ² now ánd for / ever. *Amen.*

Free intercessions may be offered. The service concludes as follows

Officiant

People



Let us bless the Lord. Thanks be to God.

An Order for Compline

The Officiant begins



The Lord Almighty grant us a peaceful night and a perfect end. *A-men.*

Officiant

People



Our help is in the Name of the Lord; The maker of heaven and earth.

The Officiant may then say

Let us confess our sins to God.

Silence may be kept.

Officiant and People

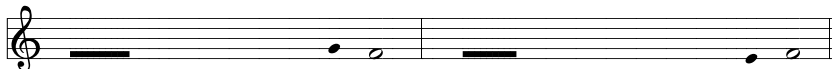
Almighty God, our heavenly Father: We have sinned against you, through our own fault, in thought, and word, and deed, and in what we have left undone. For the sake of your Son our Lord Jesus Christ, forgive us all our offenses; and grant that we may serve you in newness of life, to the glory of your Name. Amen.

Officiant

May the Almighty God grant us forgiveness of all our sins, and the grace and comfort of the Holy Spirit. *Amen.*

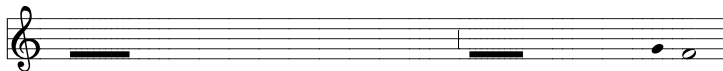
Officiant

People

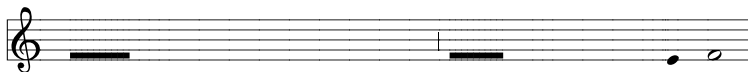


O God, make speed to save us.

O Lord, make haste to help us.



Glory to the Father, and to the Son, and to the Holy Spi-rit:



as it was in the beginning, is now, and will be for ever. *A-men.*

Except in Lent, add



Al - le - lu - ia.

One or both of the following selections of Psalms are sung or said. Other suitable selections may be substituted. It is suggested that section A be used on Monday, Wednesday and Friday; section B on Tuesday, Thursday and Saturday; and both sections on Sunday.

A 4 Cum invocarem and 31:1-5 In te, Domine, speravi

Tone 8.1



- 1 Answer me when I call, O God, defender of my cause; *
you set me free when I am hard-pressed;
have mercy on / me and hear my prayer.
 - 2 “You mortals, how long will you dishonor my glory; *
how long will you worship dumb idols and run / after false gods?”
 - 3 Know that the LORD does wonders for the faithful; *
when I call upon the LORD, / he will hear me.
 - 4 Tremble, then, and do not sin; *
speak to your heart in si- / lence upon your bed.
 - 5 Offer the appointed sacrifices *
and put your / trust in the LORD.
 - 6 Many are saying, “Oh, that we might see better times!” *
Lift up the light of your countenance up- / on us, Ó LORD.
 - 7 You have put gladness in my heart, *
more than when grain and / wine and oil increase.
 - 8 I lie down in peace; at once I fall asleep; *
for only you, Lord, make me / dwell in safety.
 - 1 In you, O LORD, have I taken refuge; let me never be put to shame; *
deliver me / in your righteousness.
 - 2 Incline your ear to me; *
make haste / to deliver me.
 - 3 Be my strong rock, a castle to keep me safe,
for you are my crag and my stronghold; *
for the sake of your Name, lead / me and guide me.
 - 4 Take me out of the net that they have secretly set for me, *
for you / are my tower of strength.
 - 5 Into your hands I commend my spirit, *
for you have redeemed me, O / LORD, O God of truth.
- Glory to the Father and to the Son and to the Holy Spirit *
as it was in the beginning, is now, and will be for- / ever. Amen.



- 1 *He who dwells in the shelter of the Móst High, **
abides under the shadow of / the Almighty.
 - 2 He shall say to the LORD, "You are my refuge and my stronghold, *
my God in / whom I put my trust."
 - 3 He shall deliver you from the snare of the hunter *
and from the / deadly pestilence.
 - 4 He shall cover you with his pinions, and you shall find refuge under his wings; *
his faithfulness shall be a / shield and buckler.
 - 5 You shall not be afraid of any terror by night, *
nor of the ar- / row that flies by day;
 - 6 Of the plague that stalks in the darkness, *
nor of the sickness that lays / waste at mid-day.
 - 7 A thousand shall fall at your side and ten thousand at your right hand, *
but it shall / not come near you.
 - 8 Your eyes have only to behold *
to see the reward / of the wicked.
 - 9 Because you have made the LORD your refuge, *
and the Most High your / habitation,
 - 10 There shall no evil happen to you, *
neither shall any plague come / near your dwelling.
 - 11 For he shall give his angels charge over you, *
to keep / you in all your ways.
 - 12 They shall bear you in their hands, *
lest you dash your / foot against a stone.
 - 13 You shall tread upon the lion and ádder; *
you shall trample the young lion and the serpent / under your feet.
 - 14 Because he is bound to me in love, therefore will I deliver him; *
I will protect him, be- / cause he knows my Name.
 - 15 He shall call upon me, and I will answer him; *
I am with him in trouble; I will rescue him and bring / him to honor.
 - 16 With long life will I satisfy him, *
and show him / my salvation.
 - 1 Behold now, bless the Lord, all you servants of the LÓRD, *
you that stand by night in the / house of the LORD.
 - 2 Lift up your hands in the holy place and bless the LORD; *
the LORD who made heaven and earth bless you / out of Zion.
- Glory to the Father and to the Son and to the Holy Spirit *
as it was in the beginning, is now, and will be for- / ever. Ámen.

One of the following, or some other suitable passage of Scripture, is read



Sunday

² Lord, you are in the midst of us, ¹ and we are called / by your Name: ³ Do not forsake us, O Lord our Gôd. *Jeremiah 14:9,22*

Monday and Thursday

¹ May the God of peace, who brought again from the dead our Lord Jesus, the great shepherd / of the sheep, ² by the blood of the eternal covenant, equip you with everything good that you may do his will, ¹ working in you that which is pleasing / in his sight, ² through Jesus Christ; ³ to whom be glory for ever and evêr.

Hebrews 13:20-21

Tuesday and Saturday

¹ Come to me, all who labor and are / heavy-laden, ³ and I will give you rest. ¹ Take my yoke upon you, and / learn from me; ² for I am gentle and lowly in héart, ³ and you will find rest for your sôuls. ¹ For my / yoke is easy, ³ and my burden is light.

Matthew 11:28-30

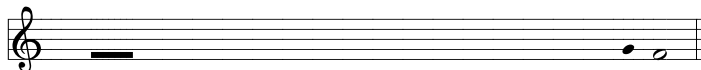
Wednesday and Friday

³ Be sober, be watchful. ¹ Your adversary the devil prowls around like a / roaring lion, ³ seeking someone to devour. ³ Resist him, firm in your faith. *1 Peter 5:8-9a*

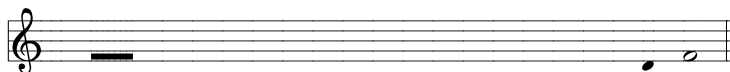
The People respond to the reading

Thanks be to Gôd.

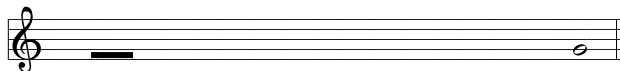
A hymn suitable for the evening may be sung. Then follows



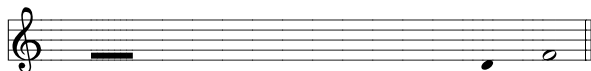
V. Into your hands, O Lord, I commend my spi-rit;



R. For you have redeemed me, O Lord, O God of truth.



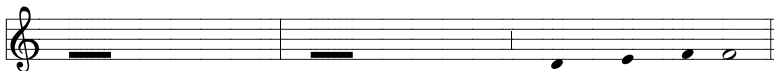
V. Keep us, O Lord, as the apple of your eye;



R. Hide us under the shadow of your wings.

Officiant

People



Lord, have mercy. Christ, have mercy. Lord, have mercy.

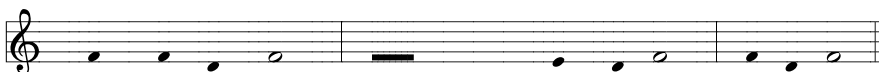


Our Father in heaven, ... and deliver us from e - vil.

Officiant

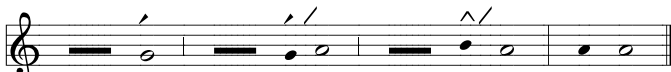
People

Officiant



Lord, hear our prayer; And let our cry come to you. Let us pray.

The Officiant then says one of the following Collects



1

2

3

A - men.

² Be our light in the dárkness, O / Lord, ³ and in your great mercy defend us from all perils and dângers of this / night; ² for the love of your only Son, our Savior Jésus / Christ. *Amen.*

¹ Be present, O merciful Gód, ² and protect us through the hóurs of this / night, ³ so that we who are wearied by the changes and chânces of this / life ² may rest in your etérnal / changelessness; ² through Jesus Chríst our / Lord. *Amen.*

¹ Look down, O Lórd, ² from your héavenly / throne, ³ and illumine this night with your celêstial / brightness; ² that by night as by day your people may glorify your hóly / Name; ² through Jesus Chríst our / Lord. *Amen.*

¹ Visit this place, O Lórd, ² and drive far from it all snâres of the / enemy; ³ let your holy angels dwell with us to prêserve us in / peace; ² and let your blessing be upón us / always; ² through Jesus Chríst our / Lord. *Amen.*

A Collect for Saturdays

¹ We give you thanks, O Gód, ² for revealing your Son Jesus Christ to us by the light of his rêsur- / rection; ³ Grant that as we sing your glory at the clôse of this / day, ² our joy may abound in the morning as we celebrate the Páschal / mystery; ² through Jesus Chríst our / Lord. *Amen.*

One of the following prayers may be added

¹Keep watch, dear Lórd, ²with those who work, or watch, or wéep this / night, ³and give your angels charge over thòse who / sleep. ²Tend the sick, Lord Christ; give rést to the / weary, ³bless the dying, sôothe the / suffering, ²pity the afflicted, shíeld the / joyous; ²and all for yóur love's / sake. *Amen.*

or this

²O God, your unfailing providence sustains the world we live in and the lífe we / live: ³Watch over those, both night and day, who work while ôthers / sleep, ²and grant that we may never forget that our common life depends upon each óther's / toil; ²through Jesus Chríst our / Lord. *Amen.*

Silence may be kept, and free intercessions and thanksgivings may be offered.

The service concludes with the Song of Simeon with this Antiphon, which is sung or said by all. The Song of Simeon may be sung to the Tonus Peregrinus below, or the metrical version on page 29 may be used in which case the metrical version of the antiphon may be used as well. In either case the antiphon is repeated at the end.

Tonus Peregrinus



Guíde us waking, O Lord, / and guard us sléeping; *
that awake we may watch with Christ,
and asleep we / may rést in péace.

In Easter Season, add *Ál-le-lu- / ia, al-le-lú-ia, * al- / le-lú-iä.*

Lörd, you now / have set your sérvant free *
to go in peace as you / have prómised;
För these eyes of mine / have seen the Sáviör, *
whom you have prepared for all / the wórld to sée:
Ä Light to en- / lighten the nátions, *
and the glory of your peo- / ple Ísraël.

Glöry to the Father, and to the Son, and to / the Holy Spírit: *
as it was in the beginning, is now, and will be for ev- / er. *Ámën.*

All repeat the Antiphon

Guíde us waking, O Lord, / and guard us sléeping; *
that awake we may watch with Christ,
and asleep we / may rést in péace.

In Easter Season, add *Ál-le-lu- / ia, al-le-lú-ia, * al- / le-lú-iä.*

Officiant

People



Let us bless the Lord. Thanks be to God.

Officiant



The almighty and mer-ci-ful Lord, Father, Son, and Holy Spi-rit,

People



bless us and keep us. A - men.

The Song of Simeon *Nunc dimittis: a metrical version*

Lord, now let your ser - vant go in
 Not a lone for me did he ap -
 Light to light - en those that sit in
 Glo - ry be to God Most High: e -

peace ac - cord - ing to your word, for my
 pear in - car - nate in my sight, but for
 dark - ness, bound for death and hell, and to
 ter - nal Fa - ther, bless - ed Son, Ho - ly

eyes have seen at last my Sav - ior
 all the world to be a bea - con
 be the glo - ry of your peo - ple
 Spi - rit; One in Three, al - might - y

and my Lord. _____
 and a light. _____
 Is - ra - el. _____
 Three in One. _____ A - men.

Mountain Vespers, 1987, TSH

The following metrical version of the Compline antiphon may be used:

Guide us waking, blessed Lord, and guard us as we sleep this night;
 Sleeping may we rest in peace, and waking watch with Christ.
 [ET: Alleluia, praise the Father; Alleluia, praise the Son;
 Alleluia, praise the Spirit: God, the Three in One.]

Music for the Holy Eucharist

Gospel alleluia

Cantor



Alleluia, al - le - lu - ia, al - le - lu - ia.

People



Alleluia, al - le - lu - ia, al - le - lu - ia.

Cantor



TSH

People's Communion Anthems and Rounds

Christ Our Passover: A Round



1 2 3 4

Al - le - lu - ia, al - le - lu - ia. TSH

Christ is sac - ri - ficed for us. _____

There - fore let us keep the feast. _____

Pascha Nostrum



Pas - cha nos - trum im - mo - la - tus est Chri - stus.

TSH

Lamb of God

Al - le - lu - ia, al - le - lu - ia.

Lamb of God, have mer - cy on us; Lamb of God, grant us peace.

TSH

Detailed description: This musical score is for the hymn 'Lamb of God'. It consists of three staves. The top staff is a vocal line in G major with a key signature of one flat (B-flat) and a common time signature. The lyrics are 'Al - le - lu - ia, al - le - lu - ia.' The middle and bottom staves are piano accompaniment. The piano part features a steady accompaniment of chords and moving lines in both hands. The lyrics for the piano part are 'Lamb of God, have mer - cy on us; Lamb of God, grant us peace.' The initials 'TSH' are printed at the end of the piano part.

Take, eat: A Round

1 2 3 TSH

Take, eat; this is the Bo-dy of Christ. _____

Detailed description: This musical score is for the hymn 'Take, eat: A Round'. It consists of a single staff in G major with a key signature of one flat (B-flat) and a common time signature. The melody is divided into three numbered measures: 1, 2, and 3. Measure 1 contains the lyrics 'Take, eat;'. Measure 2 contains 'this is the Bo-dy of'. Measure 3 contains 'Christ.' followed by a long horizontal line indicating a continuation of the melody. The initials 'TSH' are printed at the end of the staff.

Other settings

O Gracious Light *Phos hilaron: a metrical version*

O Gra - cious Light, for ev - er bright, that
Al - though the blaz - ing sun is set our
For on - ly you are wor - thy, Lord, the

The first system of musical notation is in 3/4 time. The treble clef staff contains the melody, starting with a quarter note G4, followed by a quarter note A4, a quarter note B4, and a quarter note C5. A triplet of eighth notes (D5, E5, F5) is marked with a '3' above it. The bass clef staff provides harmonic accompaniment with chords and single notes.

shines from God a - bove, O
eyes be - - - hold your light. We
Son of God Most High, life -

The second system continues the melody. It features a triplet of eighth notes (G4, A4, B4) marked with a '3' above it. The lyrics are split across two lines of text.

Je - sus Christ, for ev - er blest, the
sing your prais - es, Fa - ther, Son, and
giv - ing Lord, whom with glad song we

The third system continues the melody with a triplet of eighth notes (G4, A4, B4) marked with a '3' above it.

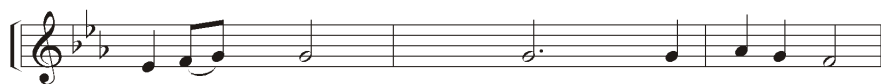
gift of peace and love.
Spi - rit, through the night.
praise and glo - ri - fy.

The fourth system concludes the piece. It features a triplet of eighth notes (G4, A4, B4) marked with a '3' above it. The lyrics are split across two lines of text.

Mountain Vespers, 1987, TSH

The Song of Mary

Magnificat: a traditional setting



My soul proclaims the greatness of the Lord, my spirit rejoices in God my Sa -
 He has mer - - - cy on those who fear
 He has cast down the might-y from their
 He has come to the help of his ser-vant Isra -
 Glo-ry to the Father and to the



vi-
 him in ev - ery ge - ne - ra - tion.
 thrones, and has lift - ed up the low - ly.
 el, for he has re - mem-bered his pro-mise of mer - cy.
 Son, and to the Ho - ly Spi - rit,

From this day all gene - ra - tions will call me bles - sed;
 He has shown the strength of his arm,
 He has filled the hung - ry with good things,
 The pro - mise he made to our fa - thers,
 as it was in the be - gin - ning, is now,

the Almighty has done great things for me and ho - - ly is his Name.
 he has scattered the proud in their con - ceit.
 and the rich he has sent a - way emp - - ty.
 to Abraham and his seed for ev - - er.
 and will be for ev - er A - - men.

The Song of Mary

Magnificat: a metrical version

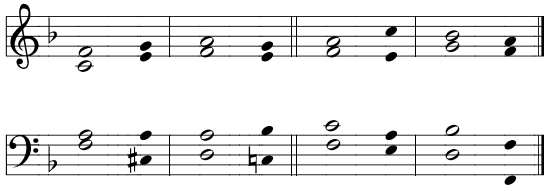
My soul pro - claims God's great - ness and in
 And all to come will call me blest for
 His mer - cy rests on those who fear in
 He has cast down the might - y from their
 The hun - gry he has filled and sent the
 His pro - mise he has called to mind, that
 All praise to God Al - might - y, to the

him do I re - jice, he heard and saved his
 all that he has done; and ho - ly, ho - ly,
 this and ev - ery age; the proud of heart he
 loft - y seats a - bove; the low - ly he has
 rich a - way with naught; he helped his ser - vant
 pro - mise from of old, the word he spoke to
 Fa - ther and the Son, and to the Ho - ly

ser - vant when I lift - ed up my voice.
 ho - ly is his Name, the Three in One.
 scat - ters as he bears his arm in rage.
 lift - ed up in ten - der care and love. A - men.
 Is - ra - el, the peo - ple he had bought.
 Ab - ra - ham, the shep - herd of his fold.
 Spi - rit, while e - ter - nal a - ges run.

Mountain Vespers, 1987, TSH

The Song of Mary *Simplified Chant*



TSH, after Stabat Mater

My soul proclaims the greatness of the Lord, *
my spirit rejoices in God my Savior;
For he has looked with favor *
on his lowly servant.

From this day all gene-ra-tions *
will call me blessèd:
The Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every gene-ra-tion.
He has shown the strength of his arm, *
he has scattered the proud in their con-ceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.
He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel, *
for he has remembered his promise of mercy,
The promise he made to our fathers, *
to Abraham and his children for ever.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and will be for ever. A-men.

Concerning singing Noonday and Compline

Notation

Noonday and Compline in this booklet are set to the traditional Gregorian plainchant tones. The notation of the music uses the contemporary staff, with accents and markings indicating the parts of the tone. The text uses italics, accents and slash marks to do the same. Syllables marked with double dots are sung to two or more notes; this is true whether the syllable is accented or not.

Each verse of plainchant psalmody has the same structure, and the notation and typography reflect this.

Intonation: a two or three note introduction to the tone, sung only at the beginning of the first verse of each psalm. It is indicated in the text by means of italics.

Recitation: a long bar in the music, on which the main body of each half verse is sung. In some short verses there is no recitation, and the melody goes directly to the *mediation*. The omission of the recitation is indicated in the text with a dash (—). The second half-verse also begins with a recitation (whose omission is also indicated with the same dash).

Mediation: the series of notes that ends the first half-verse. In all tones but 4 and 6 the mediation begins with an accented note (indicated both in the music and the text with an acute accent); in tones 4 and 6 there is an additional note or pair of notes before the first accent, and the beginning of the mediation is indicated by a slash preceding the additional note(s) and word(s). In some cases the mediation contains more than one accent, which will also be reflected in the text. Occasionally, additional unstressed syllables in the text require additional notes, indicated in the music by small square notes. These unstressed syllables will also be indicated with a grave accent when they might otherwise easily be missed (as in Tone 4.1) At the other extreme, when the half-verse is short, the mediation may end on the last accented note rather than on the final whole note of the tone.

Caesura: this is the pause indicated by the vertical line in the music and the asterisk in the text; it divides the verse into two half-verses. The pause should be distinct (at least a second) and may be used to take a breath, but need not be excessive. The sound should be allowed to die away, but we need not feel as if we were about to join it!

Termination: The ending of the second half-verse (after its own *recitation* section), like the mediation, is indicated either by an accented note or by a slash (if it begins without an accent).

Singing the Psalter in Common

The Officiant sings the entire first verse to introduce the tone. The other “side” of the choir then sings the second verse and the sides alternate through to the end. If the psalter selection includes additional psalms, the officiant begins each psalm alone and the alternation of sides then resumes. All join together for the *Gloria Patri* at the end of the psalmody.